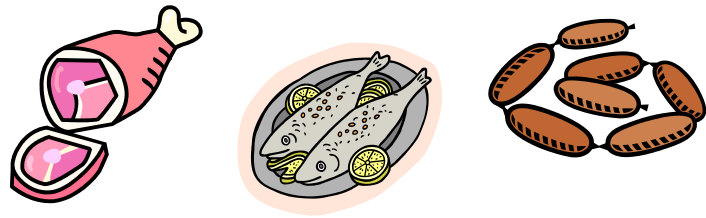


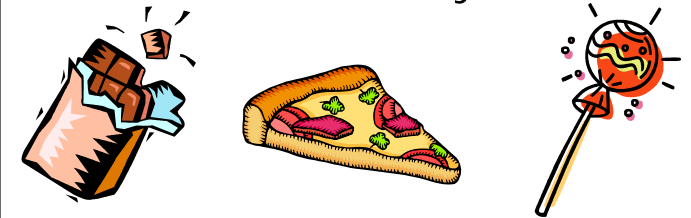
Proteins



Dairy



Fats and sugars



Fruit and Vegetables



Carbohydrates

